

GET A GRIP

on ladder training



Your essential guide to ladder training



In partnership with



accidents don't
have to happen

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ABOUT OUR TRAINING

The Ladder Association operates an industry standard training scheme that is delivered through approved and audited training centres across the UK.

Lasting no more than a day, Ladder Association training equips people to:

- Identify hazards and minimise risk using the STEP methodology
- Assess and determine when it is appropriate to use ladders and stepladders
- Correctly position and safely use ladders and stepladders
- Carry out the inspection and maintenance of ladders and stepladders



TRAINING, COMPETENCE AND REGULATIONS

It is a legal requirement to conduct all work at height in accordance with the Work at Height Regulations 2005.

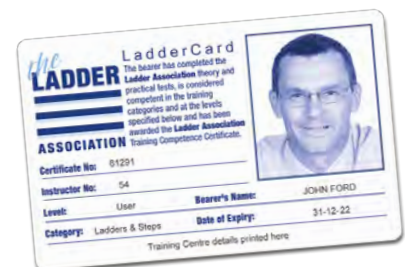
The Regulations, which concentrates on risk management through proper risk assessment, applicable to the wide range of work activities carried out at height, states:

- Ladders can be used for access and egress
- Ladders can be used to work from
- Ladders are legal where the task (or series of tasks) is of low risk and short duration (under 30 minutes)

You should make sure that people with sufficient skills, knowledge and experience are employed to perform the task, or, if they are being trained, that they work under the supervision of somebody competent.

Competence can be demonstrated through a variety of means including practical and theoretical knowledge, training and experience.

Upon completing a Ladder Association training course, delegates will be awarded a LadderCard, which represents demonstrable proof that users are trained to work at height from a ladder and can help to evidence the competence required by the Regulations.



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ABOUT OUR COURSES

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LADDERS & STEPLADDERS FOR USERS COURSE

This is our main course for anyone who regularly uses ladders or stepladders as part of their daily work. It consists of practical and theory assessments and covers when and how to use a ladder, handling and storage, understanding the law, standards, and potential hazards.

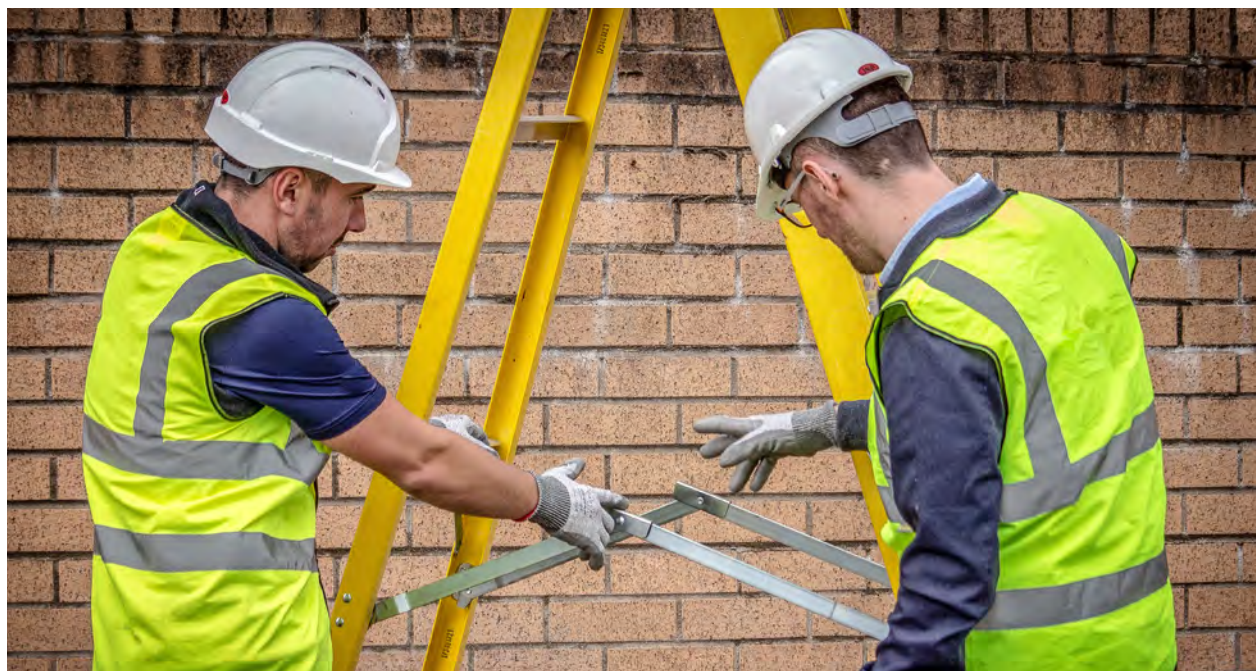
LADDERS & STEPLADDERS INSPECTION COURSE

The inspection course is aimed at anyone who may be responsible for inspecting and maintaining ladders or stepladders in their workplace. It is as comprehensive as the Ladder & Stepladder User course, and covers practical guidance on assessing the need for inspection, fault-finding and recommending actions, record keeping, as well as the law.

Delegates can also choose to do a combined User and Inspection course. Lasting a full day, it will teach delegates everything listed above on the use and inspection of ladders and stepladders.

STEPS & STEP STOOLS FOR USERS COURSE

This course is aimed at more occasional users of stepladders and step stools – those working in shops, offices, schools, hospitals and other sectors where using this equipment to access height is infrequent. It provides essential information about safe use, standards, hazards and the law.



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Latest news and information

Download our **FREE** app, where you can search for your nearest training centre

